



www.omahaseniorcare.org KENDRAH RUNTE Life Enrichment Director krunte@shf.org 402-557-6869

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	WAPPY	Lynda H– 1st Sherry A– 8th Vickie W-15th			1 10:00- BINGO 1:30- Exercise w/ PT	2 10:30– Bible Study 2:00– Let's watch a movie!	3 ENJOY YOUR WEEKEND
					STAFF DIRECTED	STAFF DIRECTED	
4	MASS 10:30- WOWT	5 10:00– Noodle Ball	6 9:30– Music Therapy	7 9:45– Bible Study w/ Jo	8 10:00– BINGO	9 10:30– Bible Study	10
		1:30- Sit & Stretch STAFF DIRECTED	1:15– Fruit Slushies	10:30- Manicures [50's Diner] 1:30- Snacks & Chats OFFICE TIME [2:30-4:30]	1:30- Exercise w/ PT 2:30- 1:1 Time [Serenity]	1:30- Movie & Root beer Floats!	ENJOY YOUR WEEKEND
11	MASS 10:30- WOWT	12 9:30– Social Hour	13 10:30– Accordian Tunes	14 9:45– Bible Study w/ Jo	15 10:00- BINGO	16 10:30– Bible Study	17
		10:30- Arts & Crafts 2:30- Hydration Station OFFICE TIME [3:00-4:30]	2:00- Scenic Drive	11:00- Lunch Outing 2:00- Music and Poke Cake	1:30- Exercise w/ PT 2:30- 1:1 Time [Harmony]	1:30- Movie & Snacks 3:30- Bird watching on the patio!	ENJOY YOUR WEEKEND
18	MASS 10:30– WOWT Hair Dresser	19 10:00- Noodle Ball	20 9:30- Music Therapy	21 9:45– Bible Study w/ Jo	22 10:00- BINGO	23 10:30– Bible Study	24
		1:15- MERRYMAKERS 2:30- Hydration Station	2:00- Scenic Drive OFFICE TIME [3:00-4:30]	10:30– Manicures [50's Diner] 1:15– Benson Park Outing	1:30- Exercise w/ PT 2:30- 1:1 Time [Cherish]	1:30- Windchime Craft 3:00- Strawberry Short-cakes & Conversation	ENJOY YOUR WEEKEND
25	MASS 10:30- WOWT	26 9:30– Social Hour	27 10:00– Let's talk about that!	28 9:45– Bible Study w/ Jo	29 10:00– BINGO	30 10:30– Bible Study	31
		10:30- Arts & Crafts 2:30- Hydration Station OFFICE TIME [3:00-4:30]	2:00- Scenic Drive	10:30- Manicures [50/s Diner] 1:15- Let's make cookies! 3:30- Catholic Mass	1:30- Exercise w/ PT 2:30-1:1 Time [Tranquility]	1:30- Movie & Snacks 3:30- Popsicles on the Patio!	ENJOY YOUR WEEKEND